AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings, of claims in the application:

1-42. Canceled.

43. (New) A forehead support constructed and arranged to be connected to and support a respiratory mask, comprising:

a bridge constructed and arranged to engage a forehead of a user, the bridge having a first side and a second side, the bridge also having a plurality of first adjusting points spaced along the first side and a plurality of second adjusting points spaced along the second side;

a first arm having a bridge end and a mask end, the first arm bridge end having an engagement mechanism constructed and arranged for selectively engaging each of the plurality of first adjusting points, the first arm bridge end engagement mechanism comprising a pair of extending portions separated by a space, the extending portions constructed and arranged to be selectively movable relative to one another between an expanded position where the extending portions are separated by the space and a compressed position where the separating space is reduced, at least one of the extending portions having a stiffness greater in a horizontal direction than in a vertical direction; and

a second arm having a bridge end and a mask end, the second arm bridge end having an engagement mechanism constructed and arranged for selectively engaging each of the plurality of second adjusting points, the second arm bridge end engagement mechanism comprising a pair of extending portions separated by a space, the extending portions constructed and arranged to be selectively movable relative to one another between an expanded position where the extending portions are separated by the space and a compressed position where the separating space is reduced, at least one of the extending portions having a stiffness greater in a horizontal direction than in a vertical direction;

wherein, selective movement of the first arm bridge engagement mechanism between the plurality of first adjusting points alters a spacing distance between the first side of the bridge and the first connecting portion and selective movement of the second arm bridge engagement mechanism between the plurality of second adjusting points alters a spacing distance between the second side of the bridge and the second connecting portion.

44. (New) The forehead support of claim 43, wherein:

at least one of the first arm bridge end extending portions comprises a projecting pin; and

each of the plurality of first adjusting points comprises a slot constructed and arranged for selective engagement with the first arm projecting pin when the first arm extending portions are in the expanded position, and for selective disengagement with the first arm projecting pin when the first arm extending portions are in the compressed position.

45. (New) The forehead support of claim 44, wherein:

at least one of the second arm bridge end extending portions comprises a projecting pin; and

each of the plurality of second adjusting points comprises a slot constructed and arranged for selective engagement with the second arm projecting pin when the second arm extending portions are in the expanded position, and for selective disengagement with the second arm projecting pin when the second arm extending portions are in the compressed position.

46. (New) The forehead support of claim 45, wherein each of the plurality of first and second adjusting points comprises a pair of slots and each of the first and second arm extending portions comprises a projecting pin constructed and arranged for selective engagement and disengagement with one of the pair of slots, respectively.

47. (New) The forehead support of claim 46, and further comprising the respiratory mask, the respiratory mask comprising an airflow tube, the first and second connecting portions being positioned on the airflow tube.

48. (New) The forehead support of claim 47, wherein each of the first and second arm mask ends is pivotally connected about an axis of the airflow tube.

49. (New) The forehead support of claim 48, and further comprising:

a first cushion pad connected to the first side of the bridge and constructed and arranged to be positioned between the bridge and the forehead of the user; and

a second cushion pad connected to the second side of the bridge and constructed and arranged to be positioned between the bridge and the forehead of the user.

50. (New) The forehead support of claim 49, wherein:

each of the first arm extending portions includes a locking portion constructed and arranged to mate with the other of the locking portions when the first arm extending portions are in the compressed position to thereby maintain alignment of the first arm extending portions in a direction of pivoting about the first connecting portion; and

each of the second arm extending portions includes a locking portion constructed and arranged to mate with the other of the locking portions when the second extending portions are in the compressed position to thereby maintain alignment of the second arm extending portions in a direction of pivoting about the second connecting portion.

51. (New) The forehead support of claim 50, wherein:

the first connecting portion is generally circular in shape, the first arm mask end has a portion that is generally circular constructed and arranged for pivotably connecting about the generally circular first connecting portion, and an internal surface of the generally circular portion of the first arm mask end includes at least one relieved portion to reduce an area of material contact between the first arm mask end and the first connecting portion; and

the second connecting portion is generally circular in shape, the second arm mask end has a portion that is generally circular constructed and arranged for pivotably connecting about the generally circular second connecting portion, and an internal surface of the generally circular portion of the second arm mask end includes at least one relieved portion to reduce an area of material contact between the second arm mask end and the second connecting portion.

52. (New) A forehead support constructed and arranged to be connected to and support a respiratory mask, comprising:

a bridge constructed and arranged to engage a forehead of a user, the bridge having a first side and a second side, the bridge also having a plurality of first adjusting points spaced along the first side and a plurality of second adjusting points spaced along the second side;

a first arm having a bridge end and a mask end, the first arm bridge end having an engagement mechanism constructed and arranged for selectively engaging each of the plurality of first adjusting points, the first arm bridge end engagement mechanism comprising a pair of extending portions separated by a space, the extending portions constructed and arranged to be selectively movable relative to one another between an expanded position where the extending portions are separated by the space and a compressed position where the separating space is reduced, each of the extending portions including a locking portion constructed and arranged to mate with the other of the locking portions when the extending portions are in the compressed position to thereby maintain alignment of the extending portions in a direction of pivoting about the first connecting portion; and

a second arm having a bridge end and a mask end, the second arm bridge end having an engagement mechanism constructed and arranged for selectively engaging each of the plurality of second adjusting points, the second arm bridge end engagement mechanism comprising a pair of extending portions separated by a space, the extending portions constructed and arranged to be selectively movable relative to one another between an expanded position where the extending portions are separated by the space and a compressed position where the separating space is reduced, each of the extending portions including a locking portion constructed and arranged to mate with the other of the locking portions when the extending portions are in the compressed position to thereby maintain alignment of the extending portions in a direction of pivoting about the second connecting portion;

wherein, selective movement of the first arm bridge engagement mechanism between the plurality of first adjusting points alters a spacing distance between the first side of the bridge and the first connecting portion and selective movement of the second arm bridge engagement mechanism between the plurality of second adjusting points alters a spacing distance between the second side of the bridge and the second connecting portion.

53. (New) The forehead support of claim 52, wherein:

at least one of the first arm bridge end extending portions comprises a projecting pin; and

each of the plurality of first adjusting points comprises a slot constructed and arranged for selective engagement with the first arm projecting pin when the first arm extending portions are in the expanded position, and for selective disengagement with the first arm projecting pin when the first arm extending portions are in the compressed position.

54. (New) The forehead support of claim 53, wherein:

at least one of the second arm bridge end extending portions comprises a projecting pin; and

each of the plurality of second adjusting points comprises a slot constructed and arranged for selective engagement with the second arm projecting pin when the second arm extending portions are in the expanded position, and for selective disengagement with the second arm projecting pin when the second arm extending portions are in the compressed position.

55. (New) The forehead support of claim 54, wherein each of the plurality of first and second adjusting points comprises a pair of slots and each of the first and second arm extending portions comprises a projecting pin constructed and arranged for selective engagement and disengagement with one of the pair of slots, respectively.

56. (New) The forehead support of claim 55, and further comprising the respiratory mask, the respiratory mask comprising an airflow tube, the first and second connecting portions being positioned on the airflow tube.

57. (New) The forehead support of claim 56, wherein each of the first and second arm mask ends is pivotally connected about an axis of the airflow tube.

58. (New) The forehead support of claim 57, and further comprising:

a first cushion pad connected to the first side of the bridge and constructed and arranged to be positioned between the bridge and the forehead of the user; and

a second cushion pad connected to the second side of the bridge and constructed and arranged to be positioned between the bridge and the forehead of the user.

59. (New) The forehead support of claim 58, wherein:

the first connecting portion is generally circular in shape, the first arm mask end has a portion that is generally circular constructed and arranged for pivotably connecting about the generally circular first connecting portion, and an internal surface of the generally circular portion of the first arm mask end includes at least one relieved portion to reduce an area of material contact between the first arm mask end and the first connecting portion; and

the second connecting portion is generally circular in shape, the second arm mask end has a portion that is generally circular constructed and arranged for pivotably connecting about the generally circular second connecting portion, and an internal surface of the generally circular portion of the second arm mask end includes at least one relieved portion to reduce an area of material contact between the second arm mask end and the second connecting portion.

60. (New) A forehead support constructed and arranged to be connected to and support a respiratory mask, comprising:

a bridge constructed and arranged to engage a forehead of a user, the bridge having a first side and a second side, the bridge also having a plurality of first adjusting points spaced along the first side and a plurality of second adjusting points spaced along the second side;

a first arm having a bridge end and a mask end, the first arm bridge end having an engagement mechanism constructed and arranged for selectively engaging each of the plurality of first adjusting points; and a second arm having a bridge end and a mask end, the second arm bridge end having an engagement mechanism constructed and arranged for selectively engaging each of the plurality of second adjusting points;

wherein, selective movement of the first arm bridge engagement mechanism between the plurality of first adjusting points alters a spacing distance between the first side of the bridge and the first connecting portion and selective movement of the second arm bridge engagement mechanism between the plurality of second adjusting points alters a spacing distance between the second side of the bridge and the second connecting portion.

61. (New) The forehead support of claim 60, wherein:

the first arm bridge end engagement mechanism comprises a pair of extending portions separated by a space, the extending portions constructed and arranged to be selectively movable relative to one another between an expanded position where the extending portions are separated by the space and a compressed position where the separating space is reduced; and

the second arm bridge end engagement mechanism comprises a pair of extending portions separated by a space, the extending portions constructed and arranged to be selectively movable relative to one another between an expanded position where the extending portions are separated by the space and a compressed position where the separating space is reduced.

62. (New) The forehead support of claim 61, wherein:

at least one of the first arm bridge end extending portions comprises a projecting pin; and

each of the plurality of first adjusting points comprises a slot constructed and arranged for selective engagement with the first arm projecting pin when the first arm extending portions are in the expanded position, and for selective disengagement with the first arm projecting pin when the first arm extending portions are in the compressed position.